



HERITAGE
International School

June 1st, 2026

THE INTERNATIONAL HERITAGE HERALD



THOUGHT FOR THE WEEK



Summertime is always the best of what might be



Charles Bowden



WHAT'S NEW?

Thought for the week	1	Key Dates	17
Director's weekly notes	3	Student Leadership	20
The Heritage 10 golden rules	4	Clubs and extracurricular activities	24
Action for Happiness	5	News from the Library	26
Heritage around the world	7	Digital Corner	28
News from Primary	11	Pastoral Care	29
News from Secondary	15	School Information	31
Cambridge Exams	16	Main contacts	35

Director's notes

Dear Parents and Caregivers

As we close this academic year, I want to wish each of you a wonderful, restful, and safe summer. May these months bring you joy, relaxation, and cherished time with family and friends.

I am deeply grateful for all of your support throughout the year. Your commitment to our community has had a meaningful impact in every child's learning experience. Thank you to the many parents who attended our Parent Education Mornings. Your presence, thoughtful questions, and active engagement demonstrated your dedication to your children's growth and to our school community. These sessions would not have been possible without your participation, and the insights we shared together have strengthened our partnership.

As we look ahead to next year, I am excited about the opportunity to deepen our collaboration. I look forward to welcoming even more parents into our school community through continued parent education initiatives and expanding our offering to include parent participation more. Together, we can create an even richer learning environment for our students.

Enjoy the summer, recharge, and let's carry this momentum into an even stronger year ahead. We look forward to another outstanding year starting in September and look forward to welcoming you all back soon.

Casey M. Barnes,
Heritage Director



The Heritage 10 Golden Rules

We want everyone to enjoy Heritage International School and have a successful, fulfilling, and rewarding academic year. To all those joining us for the first time and those who come to regular school at Heritage, we are all members of Heritage for the time we are here and we all follow the same code of respect to ensure everyone is kept safe and we enjoy our school.

- 1. We listen to & respect those looking after us, and teaching us, and always follow their instructions.*
- 2. We respect and look after each other as students of Heritage. We are a caring community.*
- 3. If unsure, we ask one of our teachers or support staff.*
- 4. We are always aware of being safe, especially around physical & practical activities*
- 5. The way we speak to each other and the words we use are the right ones*
- 6. If someone is not well or unhappy, we let one of the adults looking after us know*
- 7. We make sure we have the right clothes and equipment for each day.*
- 8. We make sure we are on time and if we are late we make sure people looking after us know.*
- 9. We are responsible for our behaviour as a student of Heritage.*
- 10. We make sure we engage in our learning, grow in our knowledge and understanding, achieve our best and potential, be contributing and valued members of our community, and get the most out of our school opportunities.*

Action for Happiness Calendar

Joyful June 2026

MONDAY

1 Decide to look for what's good every day this month

TUESDAY

2 Say positive things in your conversations with others

WEDNESDAY

3 Re-frame a worry and try to find a helpful way to think about it

THURSDAY

4 Take a photo of something that brings you joy and share it

FRIDAY

5 Think of 3 things you're grateful for and write them down

SATURDAY

6 Get out into green space and feel the joy that nature brings

SUNDAY

7 Do something healthy which makes you feel good

8 Find joy in music: sing, play, dance, listen or share

9 Ask a friend what made them happy recently

10 Bring joy to others by doing something kind for them

11 Eat good food that makes you happy and really savour it

12 Write a gratitude letter to thank someone

13 Take a light-hearted approach. Choose to see the funny side

14 Share a happy memory with someone who means a lot to you

15 Look for something to be thankful for where you least expect it

16 Speak to others in a warm and friendly way

17 Take time to notice things that you find beautiful

18 Look for something good in a difficult situation

19 Get outside and find the joy in being active

20 Rediscover and enjoy a fun childhood activity

21 Send a positive note to a friend who needs encouragement

22 Watch something funny and enjoy how it feels to laugh

23 Create a playlist of uplifting songs to listen to

24 Bring to mind a favourite memory you feel grateful for

25 Show your appreciation to people who are helping others

26 Make time to do something playful, just for the fun of it

27 Be kind to you. Do something that brings you joy

28 Notice how positive emotions are contagious between people

29 Share a friendly smile with people you see today

30 Make a list of the joys in your life (and keep adding to it)



ACTION FOR HAPPINESS

Happier · Kinder · Together

Key Dates

1st June 2026	International Children's Day
1st June- 31st August 2026	Summer vacation
1st September 2026	First Day of School – Open House

[See the 2025-2026 Academic Calendar here](#)



The Heritage Values

EXCELLENCE

We strive to be our best: setting high standards, nurturing curiosity and a love of learning, committing to continuous improvement, holding ourselves accountable, and embracing digital literacy in a “getting better” culture.

COURAGE

We embrace challenges: trying new things, learning from mistakes, standing up for our values, and facing difficulties with confidence.

RESPECT

We treat every person with dignity. We create an environment where everyone feels safe, valued, and included,—respecting differences, upholding human dignity, welcoming diversity, ensuring belonging, and enacting democracy.

RESPONSIBILITY

We act with honesty and integrity, owning our learning and actions. We care for our community, environment, and world as global citizens and stewards.

WISDOM

We make thoughtful, responsible decisions—considering consequences, acting with integrity and ethical awareness, seeking balance, and developing emotional maturity.

Heritage around the world



At Heritage [Global Explorers Summer School](#) children spend their summer learning, exploring, creating, and enjoying every day in a safe and active school environment. Each day is filled with English-speaking activities, indoor & outdoor games, creative projects, new discoveries, and time to build friendships with new classmates.

Swimming, excursions, and special camp activities add even more variety, making the programme bright, engaging and full of memorable moments. Guided by our Cambridge teachers, students can try new things, discover new interests, and enjoy a summer that feels both fun and meaningful.

Programmes to choose from

ABC DE

EXPLORER LANGUAGE: INTENSIVE ENGLISH

- 📌 Conversation
- 📌 Storytelling
- 📌 Debates
- 📌 Creative writing

Cambridge teachers make every session feel less like a lesson and more like a conversation worth having



EXPLORER LAB: STEM

- 📌 Hands-on experiments
- 📌 Problem-solving quests
- 📌 Mind math

Through practical activities and teamwork, children learn to think, experiment, and find solutions in a fun and engaging way



EXPLORER WORLD: CULTURE & CRAFTS

- 📌 Art
- 📌 Music
- 📌 World cultures
- 📌 Creative projects

Inspired by traditions, colours, and stories from different countries around the world

Heritage around the world

Heritage International School at 44th COBIS Annual Conference

Heritage Director, Mr. Casey Barnes and Academic Director, Mrs. Inga Chiosa, attended the annual COBIS conference 2026 in London, joining more than 600 international education leaders from around the world. The conference focused on the theme “Listen. Learn. Lead.”, highlighting the importance of collaboration, innovation, and future-focused leadership in education. Key discussions explored the responsible use of artificial intelligence, student wellbeing, safeguarding, and strategies for building resilient school communities. Delegates shared best practices and insights on preparing learners for an increasingly complex and interconnected world



Heritage around the world

Marina Ialanji Recognized Among Top 10 Teachers for Outstanding Educational Project

Marina Ialanji participated in the Continuing Professional Development Program based on the Romanian Language Curriculum for Refugee and Repatriated Children in the Republic of Moldova, implemented by UNICEF Moldova and ANTEM.

*At the program's closing conference, Marina Ialanji was selected among the **Top 10 teachers** for the successful implementation of an outstanding educational project. In recognition of these achievements, she received educational materials provided by ANTEM and participated in activities organized during Education Week.*

This distinction reflects her dedication to promoting inclusive education and supporting the linguistic and social integration of refugee and repatriated children in the Republic of Moldova.



Heritage around the world

Inspiring Visit from International Education Specialist Steve King

Students enjoyed an engaging session with Steve King, an international education specialist, who shared valuable insights into university admissions, academic pathways, and the University of Cambridge.

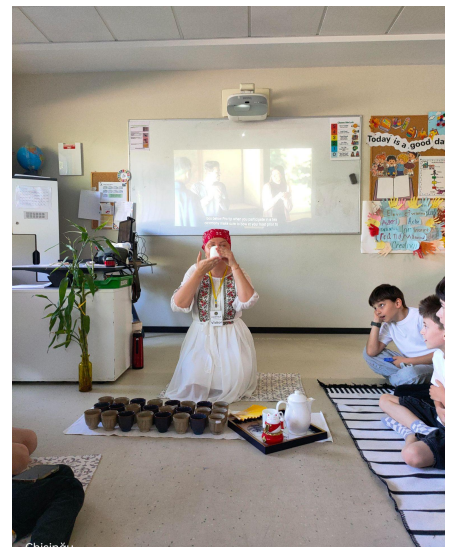
The discussion inspired students to think confidently about their future studies and career goals. We thank Steve King for this memorable and informative visit.



Japanese-Style Gathering Inspires Grade 3 Students

The students discovered the beauty of Japanese culture, sitting on mats and exploring the art of tea. They learned interesting facts about the lives of children in Japan and enjoyed a special experience filled with learning and joy.

We thank the families for their involvement and for this wonderful school–family partnership!



News from Primary

4A Graduation



News from Primary

4B Graduation



News from Primary

6E Graduation



News from Secondary

9B Graduation 2026



A Level Graduation 2026



Cambridge International Qualifications

Facts and figures About Cambridge International Qualifications:

Here are the the facts why the Cambridge International is famous for

- *Cambridge Assessment International Education is the world's largest provider of international education programmes and qualifications for 5 to 19 year olds.*
- *Over 10,000 schools in more than 160 countries offer Cambridge programmes and qualifications.*
- *Every year, nearly a million Cambridge learners prepare for their future with an education from Cambridge International.*
- *We are part of Cambridge University Press & Assessment, a not-for-profit organisation and part of the world-renowned University of Cambridge.*
- *The first Cambridge international exams were taken in Trinidad in 1864 by six candidates.*

Programmes and qualifications offer at Cambridge International:

Here are the facts why Heritage International School offers the qualifications of Cambridge Primary, Cambridge Secondary Checkpoint, IGCSE and GCE AS and A Level at the campus.

- *Cambridge Primary is taught in more than 2300 schools in over 120 countries. There are over 96,000 entries for Cambridge Primary Checkpoint each year.*
- *Cambridge Lower Secondary is taught in more than 3800 schools in nearly 140 countries. Every year we receive over 110,000 entries for Cambridge Lower Secondary Checkpoint, our tests for 11 to 14 year olds.*
- *Cambridge IGCSE is the world's most popular international qualification for 14 to 16 year olds. It is taken in over 150 countries and in more than 5000 schools around the world.*
- *2018 marked the 30th anniversary of the first Cambridge IGCSE exam.*
- *More than 250,000 students worldwide took Cambridge IGCSE and O Level exams in our June 2022 series.*
- *We are the world's biggest provider of O Level qualifications. Cambridge O Level is taught in over 50 countries.*
- *Cambridge International AS & A Levels are taught in over 130 countries. Over 220,000 students around the world took Cambridge International AS & A Level exams in our June 2022 series.*
- *More than 2200 universities in 90 countries formally recognise Cambridge qualifications, including all UK universities and over 850 in the US.*

For further information about Cambridge International Programmes and Qualifications, please visit the website

[link](#)

Key Dates

National Gymnasium Exams

ORARUL EXAMENELOR NAȚIONALE DE ABSOLVIRE A GIMNAZIULUI ANUL DE STUDII 2025-2026

Nr. crt.	Disciplina de examen	Data
1	Istoria românilor și universală	04 iunie (joi)
2	Matematica	08 iunie (luni)
3	Limba de instruire	11 iunie (joi)
4	Limba și literatura română (alolingvi)	15 iunie (luni)

June 2026 Cambridge exam series, the official results release dates:

Cambridge Primary Checkpoint	23 July 2026
Cambridge Lower Secondary Checkpoint	23 July 2026
IGCSE	18 August 2026
AS/A Level	11 August 2026

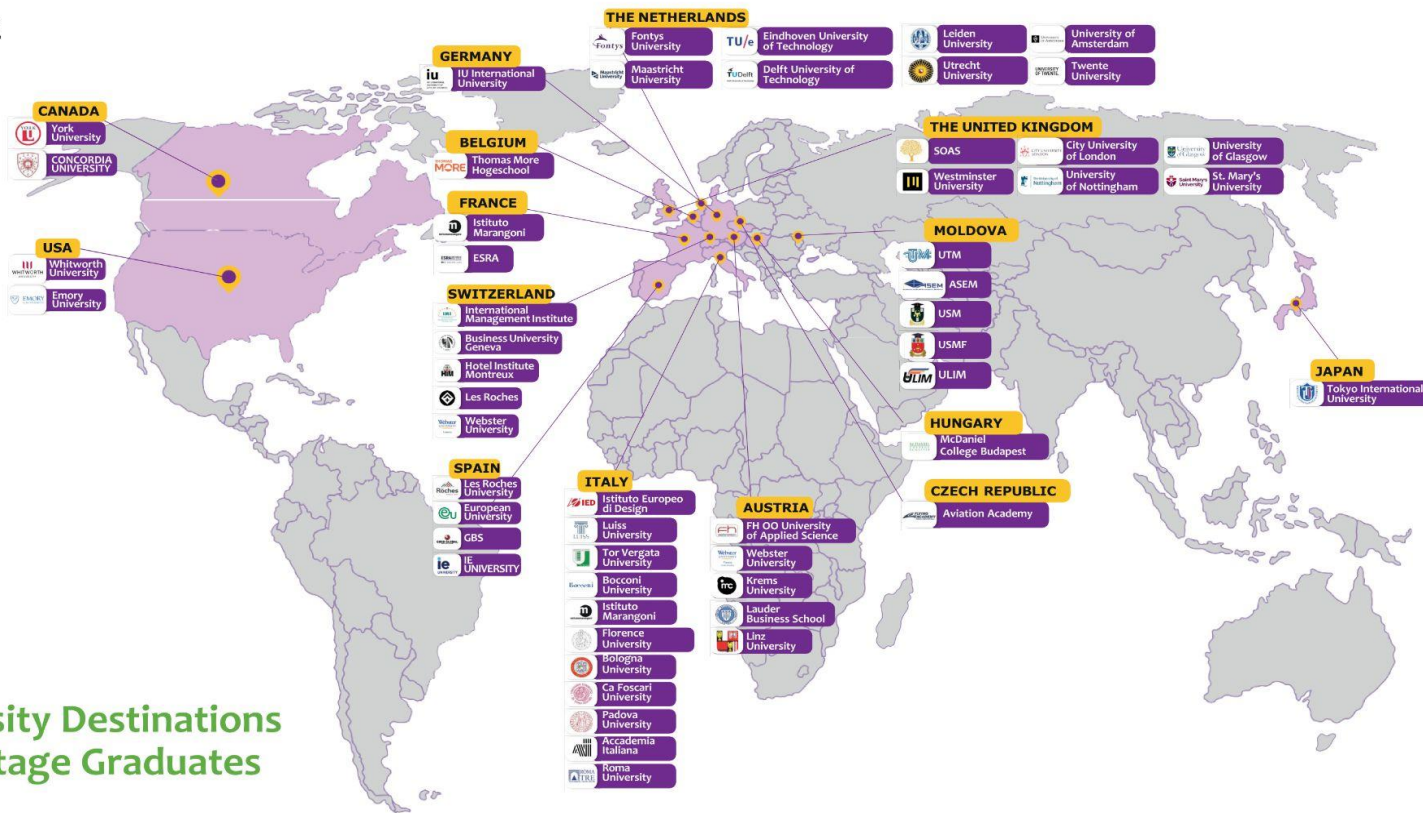
Key Dates

June AS /A level exam updates

Monday, June 1, 2026	PM	GCE AS & A Level	9084/31	Law	Law of Contract 31	3:00 PM	4:30 PM	1h 30m
Tuesday, June 2, 2026	AM	GCE AS & A Level	9897/12	German Language and Literature	Reading (Multiple Choice) 12	11:00 AM	12:30 PM	1h 30m
	PM	GCE AS & A Level	9701/11	Chemistry	Multiple Choice 11	3:00 PM	4:15 PM	1h 15m
Wednesday, June 3, 2026	PM	IGCSE	0625/21	Physics	Multiple Choice (Extended) 21	3:00 PM	3:45 PM	45m
		IGCSE	0654/11	Co-ordinated Sciences (Double Award)	Multiple Choice Core 11	3:00 PM	3:45 PM	45m
		IGCSE	0654/21	Co-ordinated Sciences (Double Award)	Multiple Choice Extended 21	3:00 PM	3:45 PM	45m
		GCE AS & A Level	9702/11	Physics	Multiple Choice 11	4:00 PM	5:15 PM	1h 15m
Thursday, June 4, 2026	PM	IGCSE	0520/11	Foreign Language French	Listening (Multiple Choice) 11	3:00 PM	3:50 PM	50m
		GCE AS & A Level	9700/11	Biology	Multiple Choice 11	3:00 PM	4:15 PM	1h 15m
		GCE AS & A Level	9084/41	Law	Law of Tort 41	3:00 PM	4:30 PM	1h 30m
Friday, June 5, 2026	PM	IGCSE	0455/11	Economics	Multiple Choice 11	3:00 PM	3:45 PM	45m
		GCE AS & A Level	9708/31	Economics	A Level Multiple Choice 31	3:00 PM	4:15 PM	1h 15m
Monday, June 8, 2026	AM	GCE AS & A Level	9709/32	Mathematics	Pure Mathematics 3 (32)	12:00 AM	13:50 PM	1h 50m
	PM	IGCSE	0610/21	Biology	Multiple Choice (Extended) 21	3:00 PM	3:45 PM	45m
		GCE AS & A Level	9708/11	Economics	AS Level Multiple Choice 11	3:00 PM	4:00 PM	1h
Tuesday, June 9, 2026	AM	GCE AS & A Level	9709/12	Mathematics	Pure Mathematics 1 (12)	12:00 AM	13:50 PM	1h 50m
	PM	IGCSE	0620/21	Chemistry	Multiple Choice (Extended) 21	3:00 PM	3:45 PM	45m

Student Leadership

University Destinations



University Destinations of Heritage Graduates

Student Leadership

Heritage Globe newspaper - autumn /winter edition

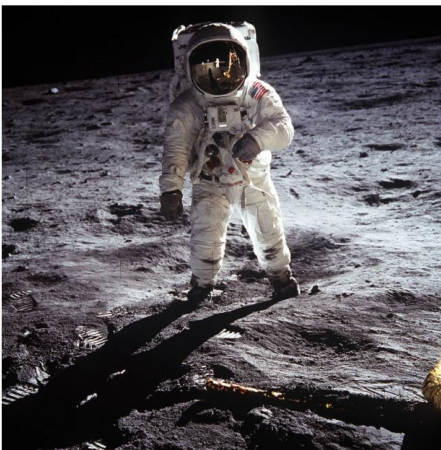
We are pleased to share the latest edition of Heritage Glob, now available to read online. Access it here: [Heritage Globe](#)



Heritage Globe

Welcome to the Heritage Globe Autumn-Winter Edition of the academic year 2025-2026.

Heritage Globe Articles



Space exploration: A waste of money or humanity's future?

by Oryna Danyliuk



Can art be immoral, and what does that mean for the audience?

by Iana Zorilo



Zaha Hadid: Dared To Dream Beyond The Ordinary

by Anonymous

[Read More](#)

Student Leadership

Second Place in the “European Chişinău” Essay Contest

Student Stanislav O. earned Second Place in the third edition of the “European Chişinău” Essay Contest, organized by the “B. P. Haşdeu” Municipal Library.

His essay impressed the jury with its clarity, depth, and thoughtful vision of a future Chişinău that preserves its identity while embracing European values, culture, and innovation.

Congratulations to Stanislav on this outstanding achievement! We are proud of his success and wish him continued inspiration and accomplishments.



Student Leadership

Heritage International Day:celebrating diversity



Clubs and extracurricular activities

Capturing Moments Through the Lens

Members of the Photography Club continue to develop their creativity and technical skills by exploring the art of photography. Through their cameras, students capture unique perspectives, everyday moments, and the beauty of the world around them.



Clubs and extracurricular activities

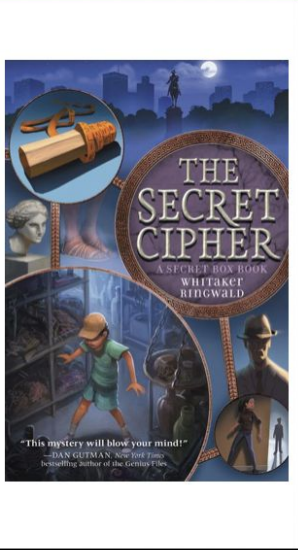


EMINESCU LIBRARY BOOKS RECOMMENDS

"Those who read are motivated by their passion to discover"

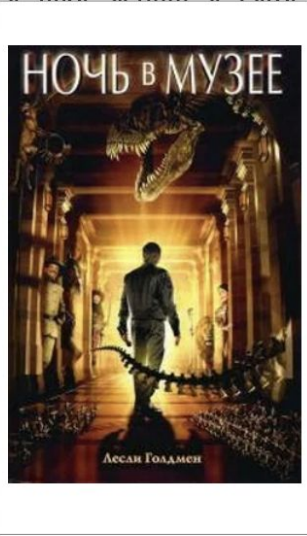


CONSTANTIN CHIRIȚĂ
Cireșarii. Castelul fetei în alb
 O carte hipnotică. Un timp pur, dinaintea de capitalism și în afara comunismului. O acțiune aproape atemporală. Personaje asemenea.
 Un roman care se citește sub tensiunea fiecărui dialog, a fiecărei aventuri, a enigmelor și a unor acțiuni a căror

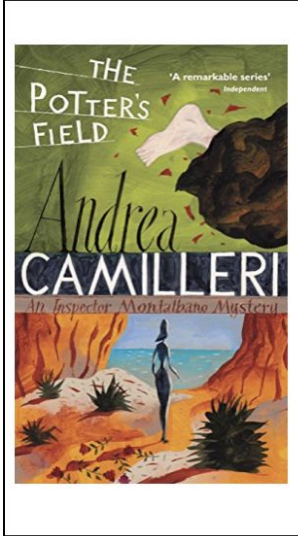
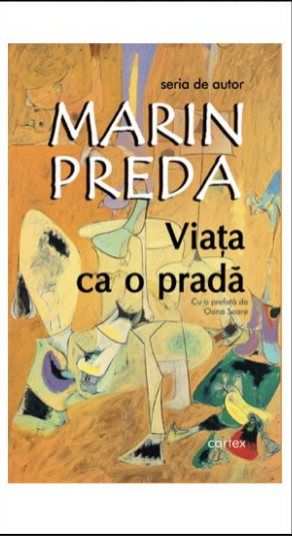


WHITAKER RINGWALD
The secret cipher
 A wild adventure filled with family rivalry, magic, quests, and laugh-out-loud humor, perfect for fans of Dan Gutman, Wendy Mass, and Trenton Lee Stewart. Jax Malone and her cousin, Ethan Hoche, never expected that one of Jax's birthday presents would contain a dangerous magical object from a mythical past: an

ЛЕСЛИ ГОЛДМЕН
Ночь в музее
 Мог ли предположить Лэрри, устроившийся ночным сторожем в нью-йоркский Музей естественной истории, каким невероятным и удивительным приключением обернется его первое же дежурство? Еще бы, ведь не каждую ночь вам приходится ловить отчаянных грабителей с помощью... оживших экспонатов



MARIN PEDA
Viața ca o pradă
 Eroul cărții trece prin întâmplări extrem de dificile, cu o liniște interioară uneori de-a dreptul stupefiantă, aceasta se întâmplă pentru că el este în posesia unei ceritudini: vocația sa literară. *Viata ca o prada* constituie romanul unei vocații scriitoricești, dar este tot atât de adevărat că este și aventura unei conștiințe, iar aceasta se întreabă și ne întreabă: Cum trăim? De ce trăim



ANDREA CAMILLERI
An inspector Montalbano Mystery
 As Vigàta is battered by storms, Inspector Montalbano is called to assist in the discovery of a dismembered body in a clay field. With all the hallmarks of an execution-style murder, it seems clear that this is, once again, the work of the notorious local mafia. But who is the victim? Why was the body cut into thirty pieces? And what is the significance of the Potter's Field?



ТЕРРИ ПРАТЧЕТТ
Пастушьья корона
 Самая сильная и уважаемая ведьма умирает, оставив свой край без присмотра, а мир — без защиты. Её преемницей становится Тиффани, талантливая, но юная ведьма Меловых холмов. Именно ей придётся разбираться со свергнутой королевой эльфов, её бывшими подданными, которые вот-вот вторгнутся в мир людей, чтобы

Summer Reading:

Primary School

[Year 1](#)

[Year 2](#)

[Year 3](#)

[Year 4](#)

[Year 5](#)

[Year 6](#)

[*Books for topics and children's nonfiction*](#)

Lower Secondary School

[Year 7](#)

[Year 8](#)

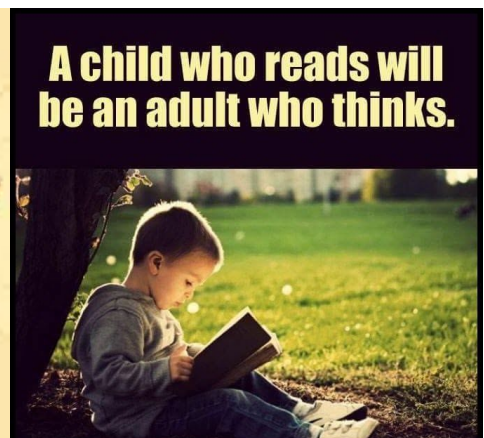
[Year 9](#)

Upper Secondary School

[Year 10](#)

[Year 11](#)

[*Reading lists and articles featuring GCSE*](#)



**A child who reads will
be an adult who thinks.**

For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

WHAT ARE THE RISKS?

A research study by Ofcom revealed that children aged 9-15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and oversimplifications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdiagnosis can exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'hacks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

Advice for Parents & Educators

MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigates misinformation, and builds trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



Introducing our safeguarding team

What is the role of a safeguarding team?

Our Safeguarding Team is committed to ensuring that all individuals are protected and cared for. They focus on:

- *The team strives to prevent harm or neglect by establishing unambiguous rules and standards.*
- *They offer the necessary training to our staff and volunteers, enabling them to identify and resolve any safeguarding concerns.*
- *The team is prepared to address any concerns that may arise, including those regarding events or allegations of unjust treatment.*
- *They offer care and assistance to anyone affected by harm, ensuring they receive the support they need to feel safe and secure.*
- *They offer strategic guidance and leadership to assist us in enhancing our safeguarding endeavors.*

Our team is dedicated to the holistic health of our community and is prepared to provide support as needed.

MEET the Safeguarding Team

Keeping you safe is our No. 1 priority!

We are here to help!

LARISA MİRZA
DSL 1
Head of Pastoral Care & Student Wellbeing

INGA CHIOSA
DSL 2
Academic Director

ADRIANA BUJAG
DEPUTY DSL
Head of Primary

TATIANA POPA
DEPUTY DSL
Head of Secondary

DORINA CALINOVSCAIA
DEPUTY DSL
Head of Lyceum

IF YOU ARE WORRIED, SPEAK TO A TRUSTED ADULT!

New QR Code—"Make the Good Visible" (Report Positive Actions)

Dear students and parents,

Every day, wonderful things happen in our school. We're launching a new QR code to make it easy to share and celebrate those positive moments.

What it's for:

Use the QR code to report kind, caring, or inspiring actions you see—from simple acts of kindness to examples of respect, teamwork, or helpfulness.

This form is not for incident reporting; it's a way to notice and celebrate what's going well. Safeguarding includes promoting belonging, kindness, and respect.

How to use it:

*Scan the QR code (found around school and in communications) or follow this link:
<https://forms.gle/a32gzdHMXRUSqPX76>*

Complete the short form with details of what you saw and who was involved.

Submissions will be reviewed and used to recognize positive behavior across our community.

Why it matters:

Celebrating positive actions helps build a safer, more supportive school where everyone feels valued.

Your contributions help staff identify and reinforce the behaviors that make our school better every day.

Thank you for helping us "Make the Good Visible." Please encourage students to share the positives they see

Make the Good Visible – Positive Action Report

Every day sparkles with WONDERFUL moments.
Let's CELEBRATE what makes us strong!



SPOT THE GOOD

Scan and share:

Let's make the good visible!

**Reports can shine a light on what's working—
Let's CELEBRATE it!**

School Information

Heritage launches the 2026-2027 “[Heritage Scholarships](#)” program and offers students in Moldova the opportunity to study in an international educational environment




HERITAGE
Scholarships Program

***Burse Heritage
pentru elevi
talentați***

— Anul de studii 2026-2027 —

Aplică!

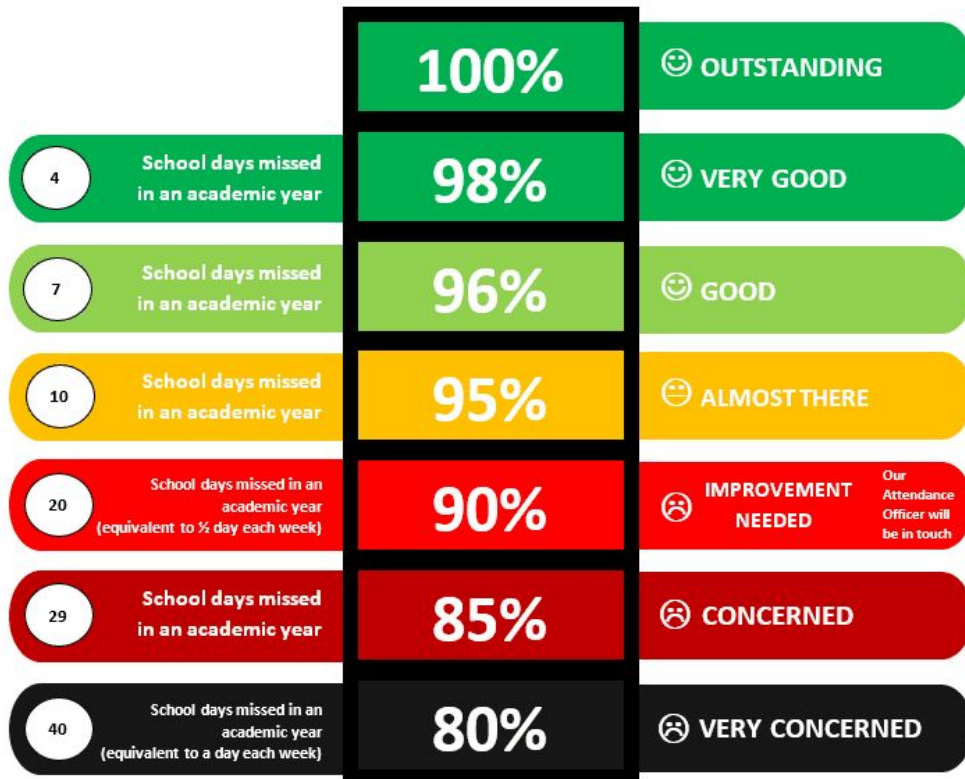
Heritage International School announces the launch of the 8th edition of the “Heritage Scholarships” Program for the 2026–2027 academic year and invites the most ambitious and dedicated students in the Republic of Moldova to apply. This is an extraordinary opportunity to receive up to 100% coverage of tuition fees and free access to Heritage’s extracurricular clubs. Families of scholarship recipients will cover the costs of the school uniform, meals, transportation (where applicable), required textbooks, examination fees (where applicable), and participation in trips or activities outside the school.

School Information

Attendance is not just a procedural requirement; it is a fundamental factor that contributes significantly to a student's academic success by facilitating effective learning, collaboration, and overall personal development.

Children and young people who regularly attend school have better health outcomes, better employment outcomes, and higher incomes across their lives. It is important that children develop habits of regular attendance at an early age.

Attendance Ladder



Attend Today, Achieve Tomorrow!

Attendance Matters!

Students with good attendance...

Elementary ...increase reading, math and foundational skills.	Middle School ...develop meaningful relationships and communication skills	High School ...gain essential life skills needed beyond graduation	College/Work ...are successful at their jobs and/or earn degrees	

Students at all levels experience less stress with good attendance!

School Information

Lost and Found Reminder

We tremendously appreciate your cooperation in adhering to these guidelines and ensuring that uniform items are appropriately labeled. We can keep the school a good place for everyone to learn and feel encouraged if we all work together.

Please check if your child's belongings are in Lost and Found!



5 Ways to Keep Your Kids Safe This **SUMMER**

- 1 Water safety**
Maintain constant eye contact on kids in or around water, without distraction.
- 2 Child safety helmet**
Make sure your kids wear a properly fitted bike or multi-sport helmet every time they ride.
- 3 Hydration**
Encourage children to stay well-hydrated by drinking plenty of water before, during and after play.
- 4 Playground safety**
Visit parks with impact-absorbing material under equipment, and actively supervise them while they play.
- 5 Hot cars**
Never leave your child alone in a car, not even for a minute.

Have a great



VaCaTion!

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Back copies of the International Heritage Herald can be found on our website: <https://www.heritage.md/en/school/heritage-herald>

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